

NEW PATIENT HEALTH HISTORY
Form and Function Osteopathic Medicine
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Bangor, Maine

Date: _____

Name: _____ DOB: _____ Age: _____

Primary Care Physician: _____ Clinic Name and Location: _____

Medical problem that brought you here today?

Other associated type of symptoms you are having?

MEDICAL History and other medical Problems:

_____	_____	_____
_____	_____	_____
_____	_____	_____

Surgical History:

_____	_____	_____
_____	_____	_____

ALLERGIES: _____

Medications- name only:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Smoking? _____ If so, how much per day? _____

How much Exercise per week and what kind? _____

Other Hobbies and activities: _____

MEDICAL HISTORY in your family :

Mother _____

Father _____

Siblings _____

Other _____

REVIEW OF SYMPTOMS: Check off any of the following symptoms you have/had *RECENTLY* experienced within the last few WEEKS:

GENERAL:

weight gain/loss
 tired/weak
 dizzy/fainting
 fever/chills

ENT:

headaches
 hearing loss
 noise in ears
 blurry vision
 eye pain
 stuffy nose
 nosebleeds
 earaches

runny nose
 bleeding gums
 sore throats

RESPIRATORY:

cough cough with phlegm cough with blood wheezing short of breath

HEART:

high blood pressure heart races or skips beats chest pain short of breath after climbing steps
 short of breath while laying in bed legs swell legs hurt or cramp when walking varicose veins

GI:

trouble swallowing heartburn poor appetite nausea vomiting abdominal pain
 diarrhea constipation excess belching or passing gas change in stool

URINARY:

burning with urination frequent urination change in urine stream
 frequent urinary infection lose urine if you cough or sneeze kidney stones

MUSCULOSKELETAL:

pain in muscles or joints morning stiffness backache sciatica low back pain arthritis
 gout scoliosis muscle spasms

NEUROLOGICAL:

blackouts seizures numbness or loss of sensation tingling or "pins and needles"
 tremors or other involuntary movements weakness in arms or legs trouble walking

ENDOCRINE:

heat or cold intolerance excessive sweating excessive thirst or hunger excessive urination

PSYCHOLOGICAL:

anxiety tension depression difficulty with memory confusion

DERMATOLOGICAL:

skin changes / rash Bleeding Bruising non-healing wounds

Other Pertinent Information you wish the Doctor to know:
